

POSITION STATEMENT

Coronavirus (COVID-19)

MED-1 Occupational Health Services

March 11, 2020



Our Goal:

- Protect all workplace and workforce members by providing exclusively comprehensive occupational health services during a time of potential turmoil
- Persevere to provide quality occupational health services without service interruption

Our Focus:

- MED-1 is exclusively an Occupational Health provider and dedicated to your employee's work-related needs.
- We do not co-mingle the public (adult and children) urgent care needs in our clinical practice.
- As an Occupational Health provider we do not diagnose, evaluate nor treat medical illness that is not work related. These patient needs should be medically managed by the patient's primary care physician and the patient's health insurance.

Our Advice to Avoid Illness:

- Wash your hands often - soap and water - 20 seconds
- Use alcohol-based hand sanitizer
- Don't touch your face or eyes
- Practice social distancing and avoid close contact with groups of people
- Stay home if you are sick and avoid close contact with others (6 feet away)
- Cover your mouth/nose with a tissue when coughing or sneezing, then throw out the tissue
- Clean and disinfect frequently touched objects and surfaces
- Send your employee(s) home, promptly, if they are coughing, feverish or generally look 'ill'

Our Conclusion:

- Please refer to the document entitled "MED-1 COVID-19 EMPLOYER NOTICE - IMPORTANT INFORMATION", that accompanies this position paper for additional information.
- Reliable information is available from numerous sources including The Centers for Disease Control and Prevention, the State of Michigan, The World Health Organization and the National Institutes of Health
- MED-1 will persevere to provide quality occupational health services without service interruption
- Employees concerned about COVID-19 illness should call their primary health care provider for advice on influenza type illness as opposed to presenting to a medical care facility where there is no specific testing or specific treatment available for COVID-19
- People should seek evaluation in the Emergency Department for flu like symptoms ONLY if experiencing difficulty breathing and/or overall deteriorating condition
- Return to work following known COVID-19 infection is likely to be further defined with time. Currently, swab specimens from three different anatomic sites on three consecutive days must be negative for the infected person to be released from Quarantine (that is a minimum of 9 tests)